

 Organic





 Vegetarian

 Vegan

 Bambú Loves




Breakfast & Brunch

Protein Bowls

-   **Healthy Müesli** 59 kr
* Organic yogurt/soy yogurt, roasted organic muesli with rye bread crumble, sunflower seeds, cranberries and hemp seeds, red berries, honey & peanut butter
-   **Chia Pudding** 59 kr
* Coconut/almond milk, vanilla, chia, banana, cinnamon, roasted coconut, goji berries & agave

Bambú Brunch (only Saturday & Sunday between 10-15)

Choose between:

-  **Serrano** 159 kr
* Espresso or americano, ginger shot, egg, serrano ham, brie, bread, avocado & cherry tomato, american pancake with strawberry and chocolate sauce, fruit & yoghurt with jam and muesli.
-  **Vegetarian** 159 kr
* Espresso or americano, ginger shot, egg, humus, brie, bread, avocado & cherry tomato, american pancake with strawberry and chocolate sauce, fruit & yoghurt with jam and muesli.
-  **Vegan** 159 kr
* Espresso or americano, ginger shot, humus, olives, nuts, bread, avocado & cherry tomato, green salad, homemade cake, fruit & soy yoghurt with jam and muesli.

Add:

Latte or cappuccino 5 kr

Chai latte or chai matcha 10 kr

Fresh juice 30 kr

- Apple/lime/ginger
- Apple/beetroot/lemon/ginger
- Orange



Snacks

- ♡ **Olives** 39 kr
* *Mix of olives*
- ♡ **Salted Nuts** 39 kr
* *Peanuts, almonds, cashew & pistachio*
- ♡ **Oven-baked Potatoes** 39 kr
* *With organic ketchup & remoulade*
- ♡ **Spring Rolls (10 pcs.)** 49 kr
* *Vegetables & sweet chili sauce*
- ♡ ♡ **Portobello Carpaccio** 59 kr
* *Portobello mushrooms, marinade, capers & cress*
- ♡ ♡ **Humus & Bread** 59 kr
* *Chickpeas, tahini, olive oil, lemon juice, garlic & sesame*






Smørrebrød

- ♡ **Avocado** 79 kr
* *Rye bread, avocado, cherry tomato, roasted onion & basil*
- ♡ ♡ **ALL Green** 89 kr
* *Rye bread, humus, edamame beans, asparagus, avocado, green salad & roasted pumpkin seeds*
- ♡ **Smoked Salmon** 89 kr
* *Rye bread, cream fraiche with dill, avocado, smoked salmon, capers, rye grain & cress*
- (#) Extra: avocado or egg** 10 kr

Salad

- ♡ ♡ **Super Seed** 99 kr
* *Rye bread, mix of hemp, chia, sesame, nuts, green salad, avocado, chickpeas, dried tomato, olives, artichoke & organic balsamic glaze*
- ♻ **Chevre Chaud** 109 kr
* *Green salad, asparagus, strawberry, goat cheese, rye bread, walnuts & honey*
- ♡ ♡ **Cesar Tempeh** 119 kr
* *Marinated tempeh, green salad, quinoa, avocado, vegan cheese, cesar dressing & croutons*






Hot Dishes

-   **Seasonal Soup** 99 kr
* Butternut squash, onion, white wine, coconut milk & roasted pumpkin seeds
-  **Croque Mademoiselle** 99 kr
* Mornay sauce, Dijon mustard, grated cheese, egg, green salad, avocado, cherry tomato, red onion & chives
-   **Chili Sin Carne** 109 kr
 * Beans, tomato, quinoa, corn, red onion, bell pepper & chili topped with avocado & coriander
-   **Veggiedog** 109 kr
* Bread, vegan sausage, pickled cucumber, sauerkraut, red cabbage, roasted onion & remoulade/curry-mayo with oven-baked potatoes
-   **Burger** 119 kr
 * Vegetable patty, remoulade/humus, smoked chickpeas, green salad, tomato, pickled cucumber, red onion, cheese/vegan cheese, avocado, oven-baked potatoes & organic ketchup
-   **Portobello Steak** 129 kr
 * Portobello steak, herbal butter, green salad, dried tomato, artichoke & oven-baked potatoes

Side Orders

- Bread Basket** – butter & sea salt 19 kr
Green Salad – mixed green salad, cherry tomato & red onion 29 kr

Dessert

-   **Homemade Cakes** (ask for today's selection) 39 kr
-  **American Pancakes** 59 kr
* Strawberry & chocolate sauce
-   **Banana-Hemp Pancakes** 59 kr
* Red berries, nuts & maple syrup

Drinks

Hot Drinks

- * *Americano or espresso* 25 kr
- * *Latte, cappuccino or cortado* 35 kr
- * *Chai latte, chai matcha, mocha, hot chocolate or iced coffee* 39 kr
- (#) Extra shot/syrup/milk** 5 kr

Organic Tea

- * *Green quince, red fruits, chamomile, black/strawberry, earl grey/roses or lemongrass/ginger* 29 kr

Cold Drinks

Ginger Shot

15 kr

Water

30 kr

- * *San Pellegrino (sparkling)*
- * *Acqua Panna (still)*

Fresh Juice (ask for today's selection)

40 kr

- * *Apple/beetroot/lemon/ginger*
- * *Apple/lime/ginger*
- * *Orange*

ChariTea

30 kr

- * *Mate with lemon & orange*
- * *Green tea with ginger*
- * *Rooibos tea with passion fruit*
- * *Black tea with lemon*

Lemonaid

30 kr

- * *Lime*
- * *Passion fruit with mango*
- * *Blood orange & orange*

Craft Soda

30 kr

- * *Ginger, lemongrass & kaffir lime*
- * *Rhubarb, grape & mint*
- * *Elderflower, lime, ginger & basil*

Bambú Smoothies (milk and agave syrup)

45 kr

- * *Banana & red fruits*
- * *Exotic fruits*
- * *Acaí & red fruits*